



# Navjeevan

Prep. Academy



## SUMMER HOLIDAY



**Summer is messy,  
Summer is fun,  
Trips to the beach,  
In the hot, hot Sun,  
Let's give summer,  
A big fat cheer!**



**Summer is the best time of the year.**

**Dear parents,**

**Children are born with natural curiosity and inquisitiveness about the world around them. It is important for us to help them keep this spark alive and to make learning fun. Summer Vacation is just round the corner, let every moment of this vacation be a time to unite, connect and enjoy beautiful moments with your child.**



**Dear Parents,**

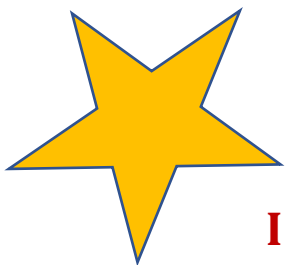
**We know summer holidays are the time of the year when you get an opportunity to spend time with your child. To keep the little ones indoor in the sweltering heat and to utilize their time in creative activities, we have attempted to design meaningful creative activities to occupy the kids in their free time. We wish you have an enjoyable summer vacation with your kids.**

### **KNOW YOUR HOME**

**Play different games with your kids to encourage them to express freely and make them more responsible. It is going to increase their self-confidence and help them grow into as Independent and confident individual. Collect things that belong to different rooms in the house and ask your child to name the objects and the room which they belong to. Help them to place the things back at the right place.**

### **GET CLOSE TO NATURE**

**Take your child for regular morning walk to breathe in fresh air. Make him aware of the benefits of morning walk and tell him/her about different types of plants, flowers and birds so he/she can generate love for nature.**



### **LET'S CONVERSE IN ENGLISH**

**How are you? I am fine, Thank You.  
I am thirsty, Please give me water.  
I am hungry, Please give me food/fruit.  
I have finished my food.  
Please open/close my bottle/tiffin/bag.  
Please switch on/off the light/fan.**



Here are some activities given to help your child become independent and confident:-



### Independent Me



1. Buttoning and Unbuttoning
2. Hanging school bags
3. Keeping belongings back in their place
4. Filling the water bottles
5. Keeping room clean and well-organized
6. Opening and closing tiffin box



Alone we can do so little; together we can do so much.  
(Social Skills)

1. Wish your elders with a smile
2. Go outdoors and play with your friends
3. Share things with your friends
4. Use magical words: Sorry, Please, Excuse Me, Thank You.



One, who maintains cleanliness, keeps away diseases. (Personal Hygiene)

1. Brushing teeth twice a day.
2. Combing hair regularly
3. Bathing everyday
4. Washing hands before and after meals.
5. Trimming nails regularly.





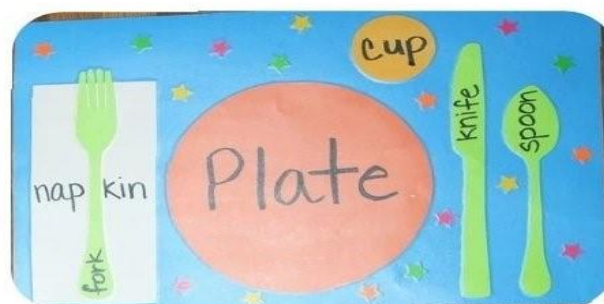
## Developing Motor Skills

**1. Working on Gross Motor Skills helps a child gain strength and confidence in his/her body. Do activities like catching a ball, balancing, moving like an animal, cycling, jumping on a trampoline, hopping on one foot etc.**

**2 Fine Motor Skills involve the use of the small muscles that control the hand, fingers and thumb. Activities like buttoning and zipping clothes, colouring, clay moulding, building with legos and blocks, beading etc. helps to build a child's self-esteem and confidence also.**

## YUMMY FOR TUMMY

**Get creative and make a table mat on an A-4 size pastel sheet. Write your ward's name using ear-bud printing in the center and paste pictures of food articles/items which he/she loves to eat around it. Also give it a caption "I love to eat".**



**Get it laminated from a shop only.**



# ENGLISH

## LEARN PHONIC SOUNDS



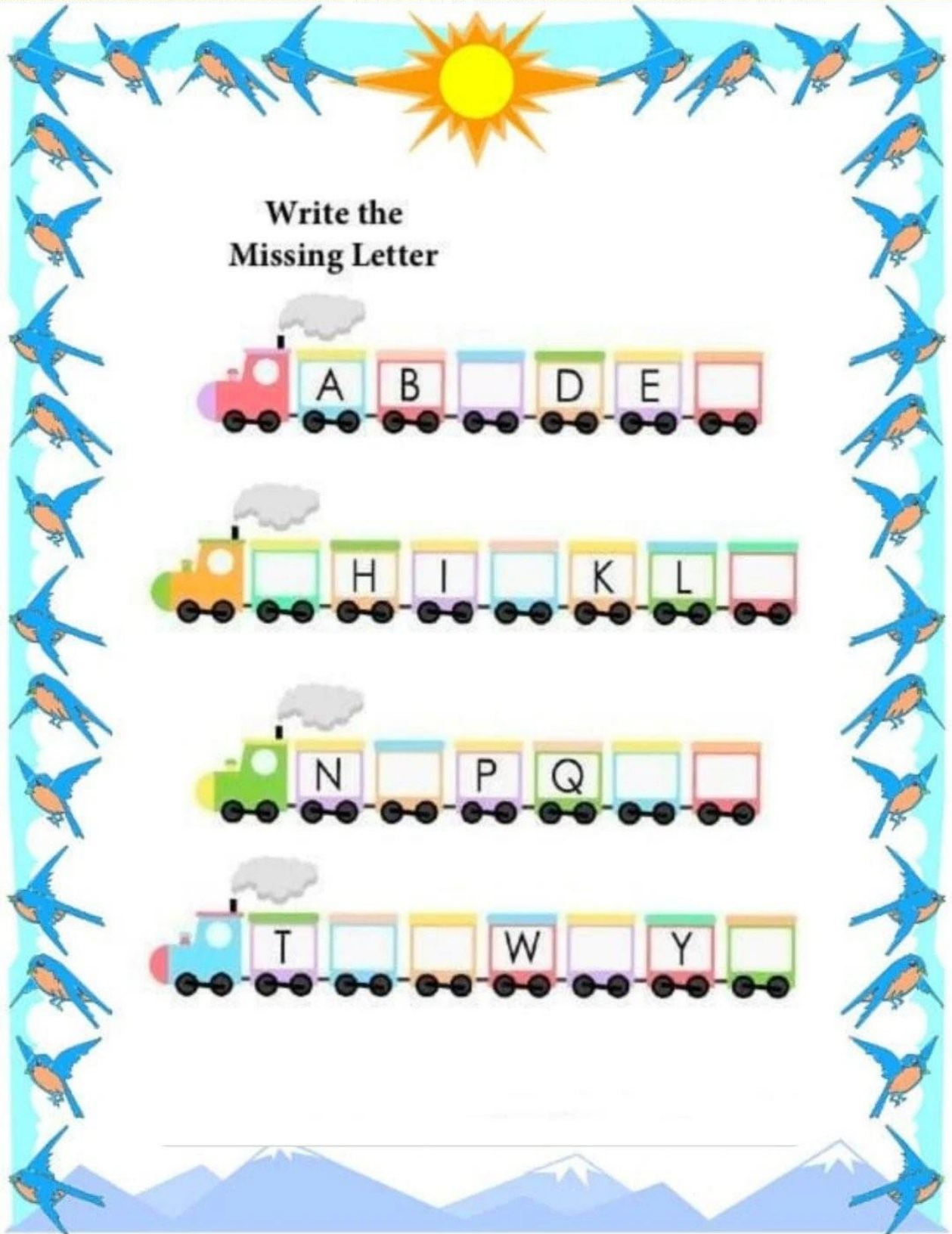
### Phonic Sounds (A-Z) (a-z)



| Alphabet       | Phonic Sounds | Vocabulary  | Alphabet       | Phonic Sounds | Vocabulary  |
|----------------|---------------|---|----------------|---------------|---|
| <b>Aa</b> says | ऐ             |  <b>APPLE</b>    | <b>Nn</b> says | न             |  <b>NEST</b>         |
| <b>Bb</b> says | ब             |  <b>BALL</b>     | <b>Oo</b> says | ओ             |  <b>OWL</b>          |
| <b>Cc</b> says | क             |  <b>CAT</b>      | <b>Pp</b> says | प             |  <b>PARROT</b>       |
| <b>Dd</b> says | ड             |  <b>DOG</b>      | <b>Qq</b> says | क्व           |  <b>QUILT</b>        |
| <b>Ee</b> says | ए             |  <b>EGG</b>    | <b>Rr</b> says | र             |  <b>ROSE</b>       |
| <b>Ff</b> says | फ             |  <b>FISH</b>   | <b>Ss</b> says | स             |  <b>SUN</b>        |
| <b>Gg</b> says | ग             |  <b>GOAT</b>   | <b>Tt</b> says | ट             |  <b>TIGER</b>      |
| <b>Hh</b> says | ह             |  <b>HORSE</b>  | <b>Uu</b> says | अ             |  <b>URN</b>        |
| <b>Ii</b> says | इ             |  <b>INKPOT</b> | <b>Vv</b> says | व             |  <b>VAN</b>        |
| <b>Jj</b> says | ज             |  <b>JOKER</b>  | <b>Ww</b> says | वॅ            |  <b>WATCH</b>      |
| <b>Kk</b> says | क             |  <b>KITE</b>   | <b>Xx</b> says | एक्स          |  <b>X-MAS TREE</b> |
| <b>Ll</b> says | ल             |  <b>LION</b>   | <b>Yy</b> says | य             |  <b>YAK</b>        |
| <b>Mm</b> says | म             |  <b>MANGO</b>  | <b>Zz</b> says | ज़            |  <b>ZEBRA</b>      |


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Write the  
Missing Letter





Fill in the Blanks(A-Z)

|   |   |  |   |   |
|---|---|--|---|---|
| A | B |  | D | E |
| F |   | H  |   |   |
| K |   | M  |   | N |
|   | P |  | R |   |
| T |   | V  |   | X |
|   | Z |  |   |   |





Look at the pictures below and write the letter it begins with.

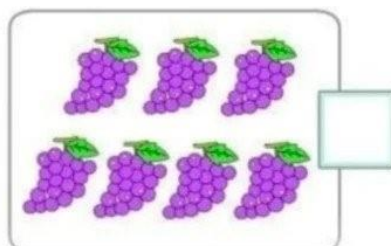
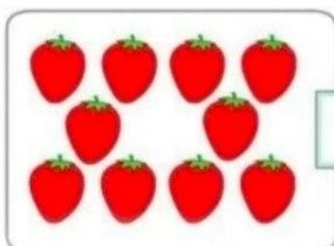
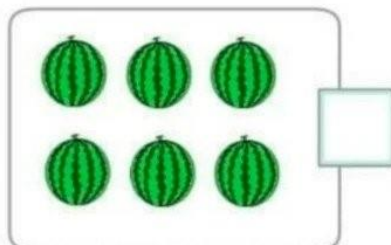
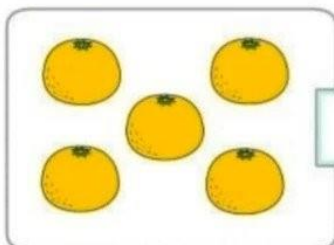
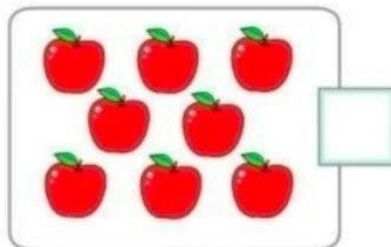
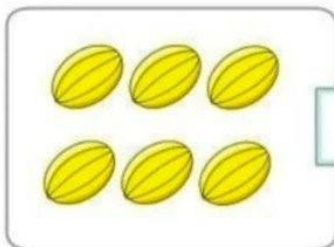
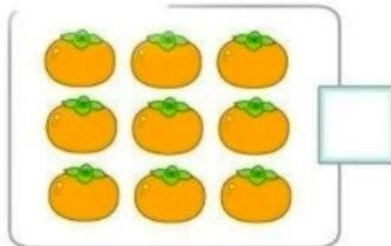
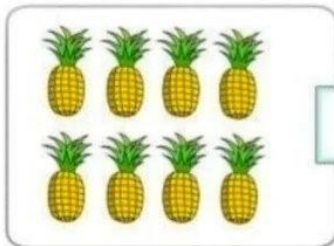
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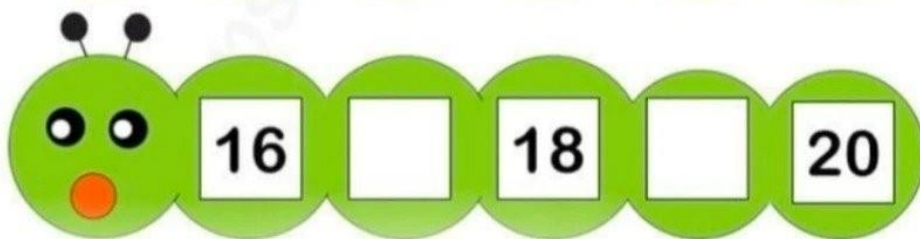
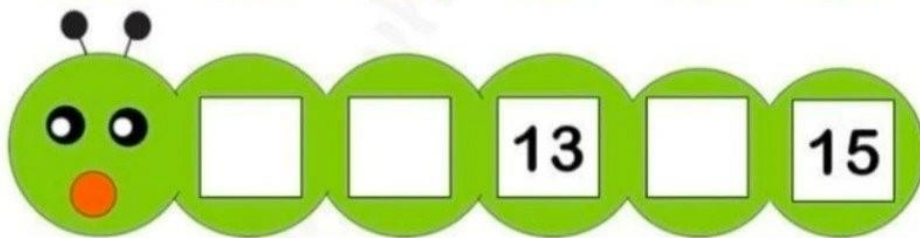
# COUNT & WRITE





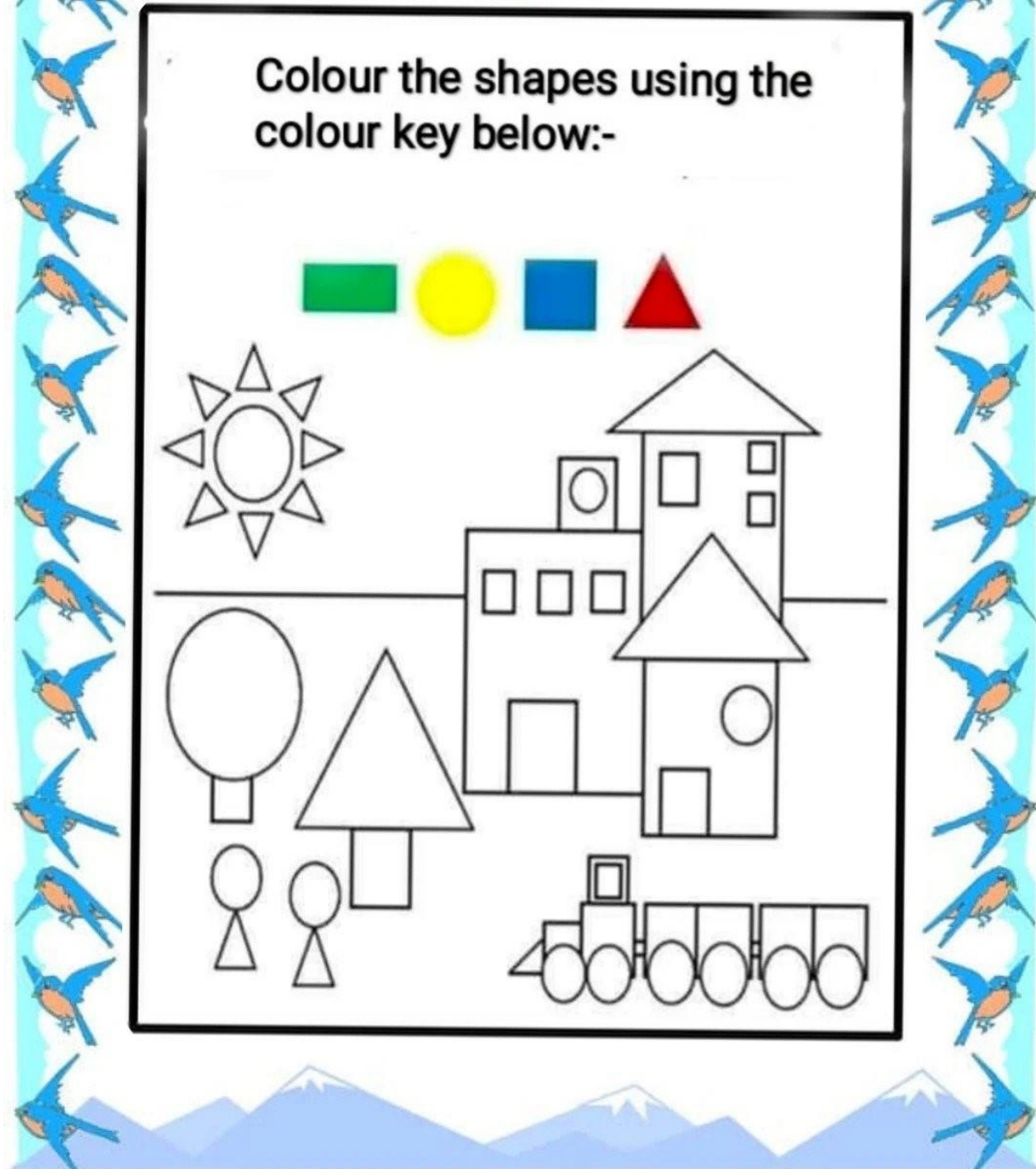
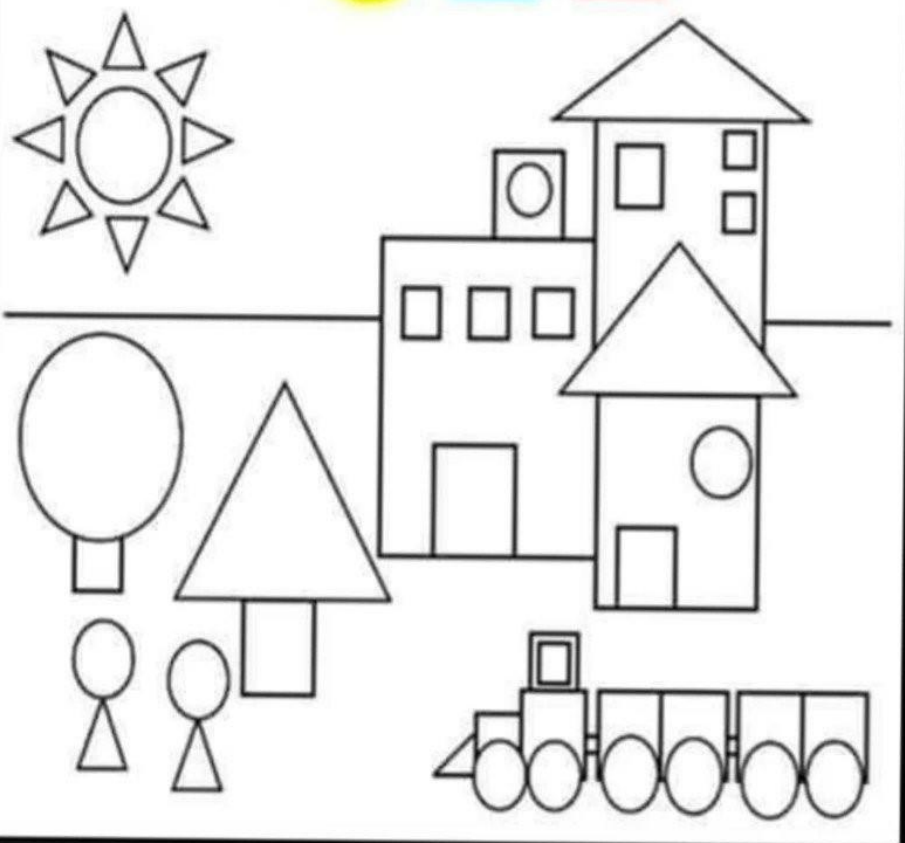
## Missing numbers 1-20

Q. Write the missing number between 1 to 20.



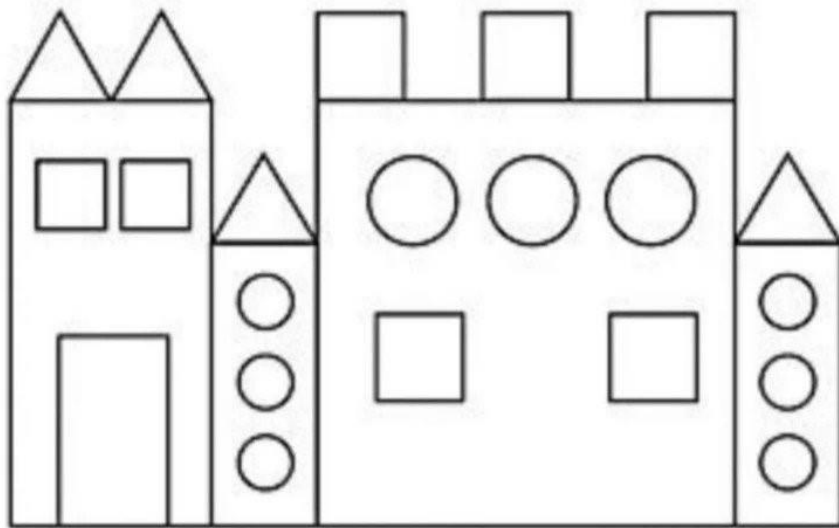


Colour the shapes using the colour key below:-





How many Shapes do you see?



□ = \_\_\_\_\_      △ = \_\_\_\_\_

○ = \_\_\_\_\_      ▭ = \_\_\_\_\_





**MY BODY**

Cut out body parts and label

|  |  |  |  |  |
|--|--|--|--|--|
|  |  |  |  |  |
|  |  |  |  |  |



# Father's Day Activity

- \*Trace Hand on colourful A4 size sheet
- \*Draw & cut mustache on black sheet
- \*Paste Doodle Eyes
- \*Make a cutout of colourful Bow & paste it
- \*Write any message for your Father & Click beautiful picture with Him.





Do "THUMB PRINTING" on A4 size sheet as Directed:



## WRITTEN WORK

### ENGLISH

- Learn & Write Alphabet Aa-Zz 3 times.
- Do Practice 'a' sound words.
- Learn Rhymes :
  - ❖ Polly Put The Kettle On
  - ❖ Ding Dong Bell
  - ❖ Pussy Cat, Pussy Cat
  - ❖ Hot Cross Buns
  - ❖ My Red Balloon

### MATHS

- Learn & Write Forward Counting 1-80 3 Times.
- Learn & Write Back Counting 10-1
- Learn & Write Table of 2

### HINDI

अ से अ: तक तीन बार कॉपी में लिखे व याद करे

क से ड. तक लिखे व याद करे





*enjoy*  
**SUMMER**  
HOLIDAYS

